
Substance Use Risk Intervention Screenshots



Transition from screening to brief intervention

Feedback on Your Health Risks


Thank you for answering those questions.

Now, this program will give you feedback on your health risks related to tobacco, alcohol and other drugs. For each health risk you have, it will give you information and ideas to help lower your risks.

This program will also share your feedback with your health care provider, to help improve your care. You can ask your provider to print out a report that has the feedback you got today, along with more information and resources.

← back next →

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Feedback on substance use-related risk, based on the World Health Organization's (WHO) Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)

Drug Use

Now, here is your risk for health or other problems related to other drugs, based on your pattern of use.

| Drug | Your risk for health and other problems |
|---|---|
| Cannabis (marijuana, pot, grass, weed, hash, etc.) | Moderate |
| Cocaine (coke, crack, etc.) | Low |
| Amphetamine-type stimulants (speed, crystal meth, ice, Dexedrine, Adderall, diet pills, etc.) | High |
| Inhalants (nitrous, glue, petrol, paint thinner, etc.) | None |
| Sedatives or sleeping pills (Valium, Serepax, Ativan, Xanax, Librium, Rohypnol, GHB, Ambien, Lunesta, etc.) | Moderate |
| Hallucinogens (LSD, acid, mushrooms, PCP, Special K, ecstasy, etc.) | Low |
| Opioids (heroin, opium, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine, etc.) | Past |
| Other (Kedimine) | Low |

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Feedback on most problematic drug, including health risks taken from the WHO's guidelines for SBIRT intervention

Stimulants

(speed, crystal meth, ice, Dexedrine, Adderall, diet pills, etc.)

Based on your pattern of drug use, amphetamine-type stimulants are causing the most serious risks to your health and well-being. There is a good chance that you are addicted to stimulants.

Here are some of the risks associated with stimulant use:

- Problems sleeping, loss of appetite and weight loss, fluid loss, and trouble fighting infections
- Jaw clenching, headaches, and muscle pain
- Mood swings—anxiety, depression, mania, and panic
- Tremors, irregular heartbeat, and shortness of breath
- Trouble focusing and remembering things
- Paranoia, aggressive and violent behavior
- Psychosis after repeated use of high doses
- Lasting damage to brain cells
- Liver damage, bleeding in the brain, and sudden death from acute heart conditions

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Feedback on stage of change

Stimulants

Your Stage of Change

So you're not ready to quit using stimulants. You're in the **Precontemplation** stage. This program has ideas that can help you make the best choices for yourself and your future. We'll help you find a few small steps you can take.

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Stage-matched guidance designed to facilitate progress to the next stage of change

Stimulants

Be Open-Minded

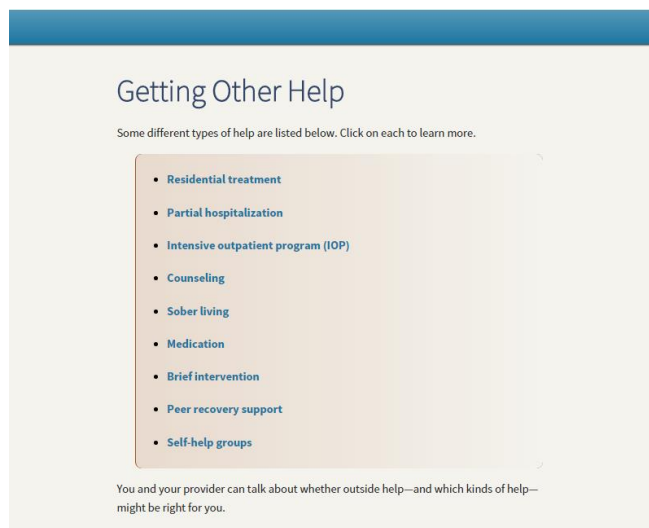
What does it mean to be "open-minded"? It means being willing to look at new information and take an honest look at yourself. How open-minded are you when it comes to your use of stimulants? To find out, answer the questions on the next few screens.

← back next →

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Introduction to help seeking



Getting Other Help

Some different types of help are listed below. Click on each to learn more.

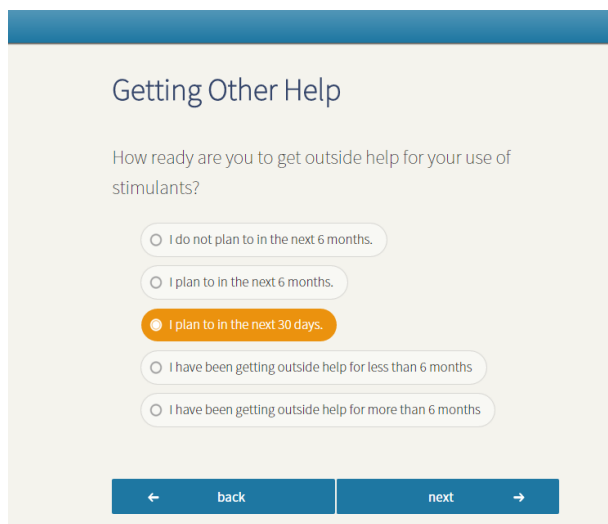
- Residential treatment
- Partial hospitalization
- Intensive outpatient program (IOP)
- Counseling
- Sober living
- Medication
- Brief intervention
- Peer recovery support
- Self-help groups

You and your provider can talk about whether outside help—and which kinds of help—might be right for you.

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Help seeking stage of change assessment



Getting Other Help

How ready are you to get outside help for your use of stimulants?

- I do not plan to in the next 6 months.
- I plan to in the next 6 months.
- I plan to in the next 30 days.
- I have been getting outside help for less than 6 months
- I have been getting outside help for more than 6 months

← back next →

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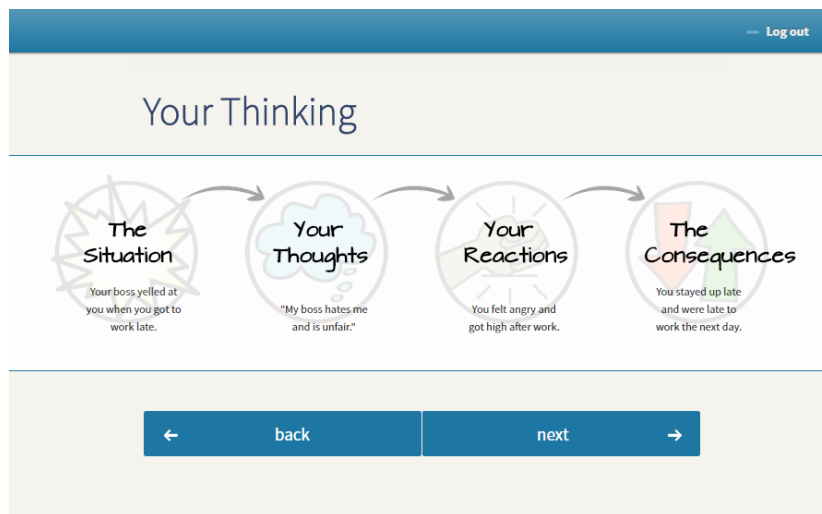
Stage-matched text message



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Personal Activity Center (PAC) activity accessible via text message



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Clinical Dashboard for providers

Assure Clinical Dashboard Log out

Alice P. New Patient Search | Print Clinician Report | Print Patient Feedback | View Checklist

DRUG INVOLVEMENT SCORES

| Drug | Risk Score |
|-----------------|------------|
| Opioids | 0 |
| Stimulants | 14 |
| Sedatives | 5 |
| Controlled | 0 |
| Alcohol | 2 |
| Antidepressants | 0 |
| Antipsychotics | 0 |
| Other drugs | 0 |

SELF-REPORTED DATA

Drugs Obtained by Prescription

- Opioids:
- Stimulants:
- Sedatives:
- Controlled:

Other Key Measures

- Tobacco Use:
- Why Not Use:
- Injecting Drug Use:

Risk for Aberrant Opioid Use

Overall Risk Level Score: 14

Legend: 0-3 Low risk, 4-7 Moderate risk, 8- High risk

Encounter Checklist Close (X)

- Review risk scores
- If appropriate on high risk, identify drug and patient, drug use
- Present stage feedback
- Give printed report and verbal feedback
- Average follow-up

Do not show this again

STAGE OF CHANGE FOR MOST PROBLEMATIC DRUG

Quitting Stimulants (High Risk)

Seeking Treatment for Stimulants

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Clinical Dashboard stage-matched script

STAGE OF CHANGE FOR MOST PROBLEMATIC DRUG

[click symbols below for tailored behavior change messages]

Quitting Stimulants (High Risk)

Seeking Treatment for Stimulants

Preparation

Action

Maintenance

Quitting Stimulants (High Risk)
01/28/2016
Precontemplation

- You're not ready to quit using stimulants—you're in the Precontemplation stage.
- What are some of the things you like about using stimulants? What are some of the things that concern you?
- You can move forward by continuing to think about these issues.
- We'll be sending text messages with more information and things to think about. Can you keep an eye out for them and read them?
- I appreciate your willingness to talk about these issues today.

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